## 5 Must Read Secrets For Preserving Your Youthful Appearance

From a Beverly-Hills Trained Aesthetic Expert

As the protégé of multiple world-renowned facial plastic surgeons
— such as Dr. Paul Nassif of TV's "Botched" — *Dr. Kulbersh* of *Carolina Facial Plastics* knows the essential secrets to keeping,
preserving and restoring your youthful appearance.

- Use a prejuvenator like Botox® to smooth away wrinkles and prevent new lines from forming
- Add micro-treatments like fillers to enhance facial contours in areas like the lips, cheekbones and temples.
- Include laser resurfacing with Profound® or chemical peels for flawless skin texture and a glowing complexion.
- Only use medical-grade topical products with retinols and antioxidants to banish breakouts, improve skin tone and support your other prejuvenation treatments.
- Use a broad-spectrum sunscreen daily (even when it's cloudy outside).



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